Your Religious Ministry Team

"Who we are and What we do…"

Your RMT…

Serves to:

- ***Provide*** interpersonal ministry and pastoral care
- ***Facilitate*** for each individual need
- ***Care*** for all regardless of faith affiliation or religious expression by providing assistance for *any issue*
- ***Advise*** on ethical, moral & religious implications, unit morale, and well-being of sailors and their families

Care for All…

Information & Referr

Meeting needs with available resources

Family Support

Deployment cycle continuity of care; assist in building & maintaining strong and healthy relationships

Leadership Resource

Awareness, Education & Prevention

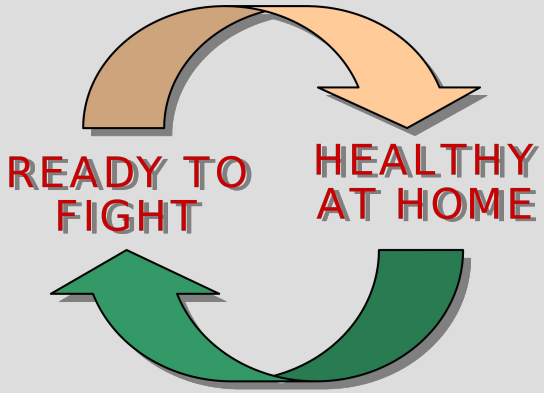
What we bring to the fight…

Developing strong sailors and strong families to

WIN

on the BATTLEFIELD & AT HOME…

Promoting…



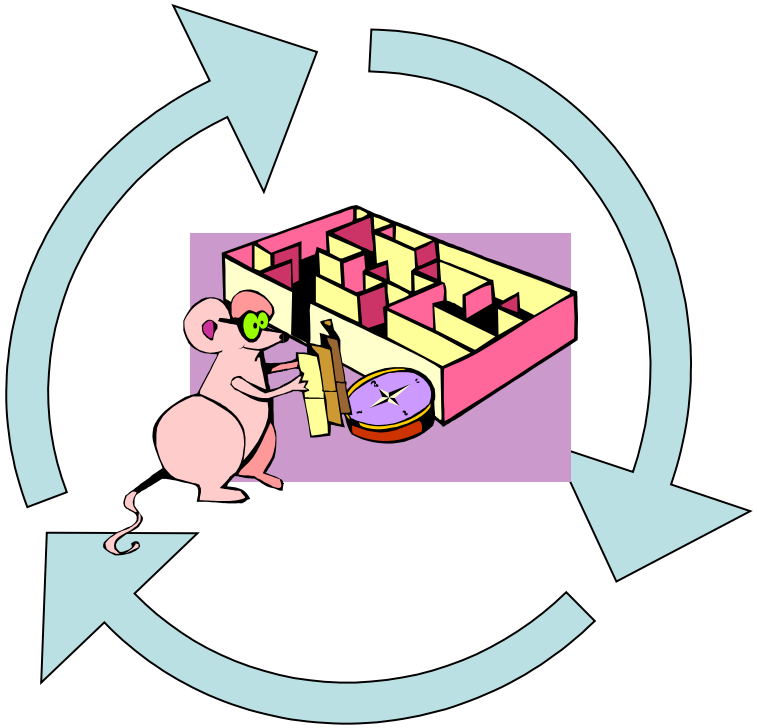
RELATIONAL FITNESS =

- *Individual Wellness*
- *Family Readiness*

EMOTIONAL WELLNESS =

- *Mission Accomplishment*
- *Safe Return to Enhanced Relationships*

Emotional Cycle of Deployments



Post-deployment

Pre-deployment

During Deployment

Help in life’s unexpected moments…

Confidentiality

- **ALL communication with a Chaplain is completely confidential & privileged with NO EXCEPTION; YOU hold the privilege.**
- **ONLY YOU can give permission for disclosure.**

RP's, while not qualified or authorized to perform pastoral counseling, are bound by the SAME level of confidentiality when facilitating a person's access to a Chaplain.

Some Available Resources:

Fleet & Family Service Center

- Individual/Family Counseling
- Financial Planning
- School Liaisons

Chapel Community

- Spiritual Encouragement & Community Support

militaryonesource.com